Kathy Bell Spiritual Teacher



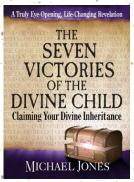
Falling into Now

I am unsure how to walk
This tightrope between joy and fear
I see below me the safety net
Of Peace

And I know that if I could only let myself Fall- just once into that gap Embrace the sensation of letting go And freefall into the NOW The landing would be my release

But I am a child prodigy of this delicate act A ballerina of balancing between Raised by a family of circus performers Who taught me well The adrenaline of the tightrope Still calls to me

But at night, in my bed, I dream Of Falling Not nightmares, but sweet floating, flying dreams With a strong net, like a peaceful hammock To wake up in



For more information on this and other spiritual topics, read Michael's book, *The Seven Victories of the Divine Child* (ISBN: 978-0983778011)

Michael Jones is an ordained Spiritualist minister and founding member of Spirit Source, an organization dedicated to providing spiritual guidance and healing to those on a path of self discovery. To learn more or connect with him, visit Michael's website at: www.MichaelkJones.net

To purchase this book, click on Amazon.com

© 2013 by Kathy Bell. All rights reserved.